

SUMMER 2023

QUARTERLY NEWSLETTER

your Dilico

Providing Culturally Safe Health, Mental Health and Addictions and Child Welfare services

Empowering and Promoting First Nation Communities Conference

Dilico Anishinabek Family Care hosted the 10th annual conference “Empowering and Promoting Healthy First Nation Communities”

On March 29 & 30th, 125 participants attended our return to in person conference. The 2 day agenda was carefully created to help build capacity and provide participants with knowledge, understanding and takeaway tools to better meet the challenges associated with addictions and mental health concerns in their communities.

We were happy to see representatives attend from all Robinson Superior communities, Dilico Anishinabek Family Care staff representatives, Community Health Workers, Ontario NNADAP Workers and some members of community partner organizations.



CONTENTS

- 1 Anti-Human Trafficking Advocacy**
- 2 Primary Care Providers**
- 3 New specialized training program**
- 4 Walk in Counselling Clinics**
- 5 Connecting to Mental Health and Addictions services**

**TOLL FREE 24/7
1-855-623-8511**



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Anti-Violence: Dilico Anishinabek Family Care Anti-Human Trafficking Advocacy

Human Trafficking is the exploitation of human beings for profit. It can exist in many forms and often means that person who is being trafficked must provide sexual services or labour because they are being threatened, forced, coerced, deceived, or abusing their position of trust, power, or authority. Prevention of and remedies of Human Trafficking Act (PRHTA, 2017) is an Ontario Strategy to end Human Trafficking by developing legislation that enables a new type of restraining order, specifically for survivors of human trafficking or those at risk of being trafficked. It provides the opportunity for others to apply for Restraining Orders against traffickers. The Program provides free independent legal advice and support province-wide to victims of human trafficking of all ages, those at-risk of being trafficked, and parents/guardians/Customary Caregivers of child victims. The Program provides legal representation to obtain restraining orders against traffickers to protect victims as well as others at-risk who support victims, legal advice on available options for protection against a trafficker and for exiting a human trafficking situation, and assistance in identifying and connecting supports to assist victims of human trafficking. Dilico with the Crown Attorney, Kelly Beal, issued the first human trafficking restraining order in the city of Thunder Bay under the new legislation. Furthermore, Dilico is the first in the province to issue a restraining order for a child/youth under customary care. Dilico is setting the precedent for other Indigenous child welfare agencies.

Bimaadiziwin Wiidookaagewin (Good Life Helpers) Cultural Program

Dilico's Cultural program provides numerous opportunities each month to learn, observe, engage and celebrate indigenous culture.

Check out their page for a full list of programming available:



<https://www.facebook.com/dilico.bimaadiziwin.wiidookaagewin>

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Do you have a Primary Care Provider?

Primary Care Providers are important for you and your family to:

- Provide support to the entire family and provide wholistic care through teamwork with other services.
- Detect health issues earlier, and more treatment options become available.
- Providing a connection to mental wellness and traditional healing and cultural support.
- Consistency in care decreases visits to the emergency department.



PRIMARY CARE PROVIDERS AVAILABLE

Dilico Health Services is currently taking new patients for primary care services. Please email dilicofht@dilico.com or call (807) 626-5200 for an application. Return the completed form to email or can drop it off at the Anemki office at 200 Anemki North Entrance (back of building) or 17 Court Street office. If require assistance completing the application, please call, or reach out to one of the Dilico Health Services staff in your community.

JOY POP APP HELPS YOUTH MENTAL HEALTH



For more information on the Joy Pop App visit:
<https://vimeo.com/792406014>

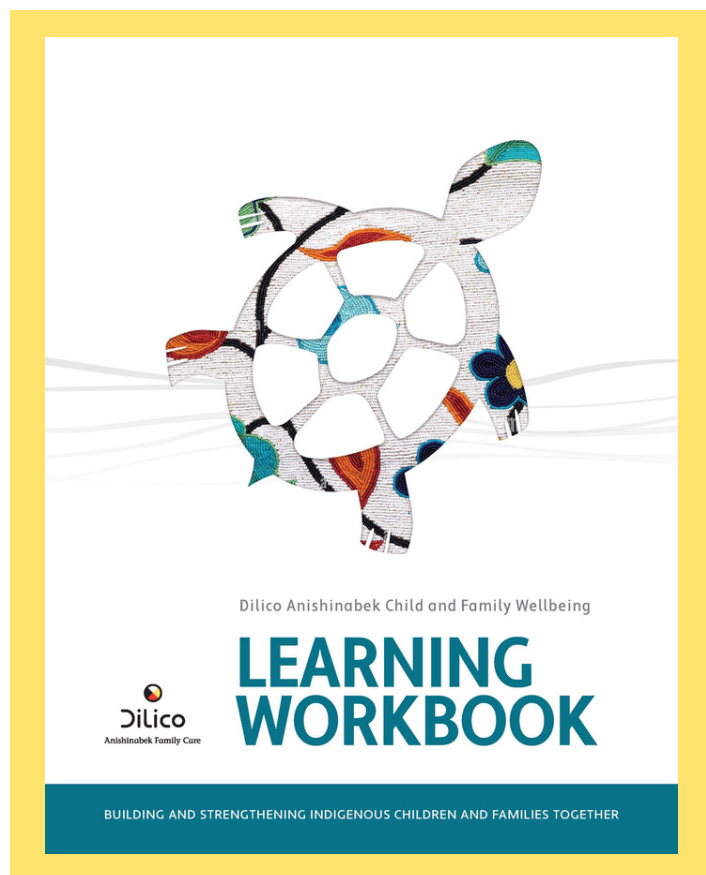
The JoyPop™ App has been designed to promote adaptive coping in youth. Dr. Aislin Mushquash, along with her research team have been exploring the benefits of utilizing the mental health app. The purpose of this research is to evaluate the new JoyPop™ App through Children's Centre Thunder Bay and Dilico Anishinabek Family Care. The JoyPop™ App is an evidence-based e-mental health app which will serve as an adjunct to usual care for youth in need.

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Biidaabin Miikana “New Light, New Life Pathway” Dilico Anishinabek Family Care Authorization Training



Western practices and ideologies are over-represented within child welfare services for Indigenous Peoples. To address this, Biidaabin Miikana was developed for Dilico’s child and family wellness staff to integrate Indigenous knowledge to support Indigenous families whose lives are affected by child welfare. Biidaabin Miikana is informed by ceremony that steered the creation of guiding principles, medicine wheel framework, teachings and stories derived from the Robinson-Superior region. Organizationally, an internal working committee met monthly for 18 months to review, collaborate, and guide the development of the training curriculum and learning resources.

Biidaabin Miikana is a land-based, culturally grounded training program that privileges Indigenous traditional knowledges, practices and ceremonies related to Anishinabe children and families within Robinson Superior treaty. The training supports critical self-reflection and embodied learning for Anishinabek wisdom-seeking, service provision changes and advocacy for Indigenous families and child welfare workers. Many of the teachings are shared by a co-facilitating Elder and guest speakers who are Knowledge Keepers.

Weaving mandated service training and Indigenous knowledges offers two-eyed seeing supporting the decolonized alternative approaches grounding within Indigenous trauma-informed care for Ontario’s current child welfare system. Biidaabin Miikana is 8 units long, including a learning workbook.

Dilico's Walk in Counselling Clinics

Whitesand Clinic

34 Whitesand Drive
First Tuesday of every month
1:00 - 3:30pm

Mobert Clinic

11 10th street
First Tuesday of every month
1:00 - 3:30pm

Longlac Clinic

118 Foresty road
First Tuesday of every month
1:00 - 3:30pm

Nipigon Clinic

112 4th street
First Tuesday of every month
1:00 - 3:30pm

Pays Plat Clinic

Pays Plat Health Center
Last Monday of every month
1:00 - 4:00pm

Ginoogaming Clinic

Ginoogaming First Nation Health Centre
Monday - Thursday
10:00am - 3:00pm

Biinjitiwaabik Zaaging Anishinaabek Clinic

BZA Health Centre
Every Thursday
1:00 - 3:30pm

Lake Helen Clinic

RRIB Complex
Second Monday of every month
1:00 - 4:00pm

Thunder Bay Clinic

Health and Wellness Centre (17 Court street south)
Every Tuesday
1:00 - 7:00pm

Mental Health and Addictions E-Referral

The E-Referral system is a single point of access for all Dilico Anishinabek Family Care Mental Health and Addictions programs and services that have referral and intake processes. This streamlined approach to making a referral is intended to provide service users and referents with a simpler way to access services. We no longer require program specific forms to be filled out by service users and referents to commence service with us. Simply click on the link, fill in some demographic information, select your preferred service and fill in the required fields.



Once the information is entered you will be asked to submit your referral. The referral is automatically sent to the Dilico staff responsible for helping service users get access to that service. The staff will follow up with the service user within 3 business days to start the intake process. The intake process will include talking to the potential service user (and/or their legal guardian) to learn more about them, advise them about the service and other potentially helpful services and support them through the next intake process steps.

Invite the Mobile Clinic to your community

Health Service's new Mobile Clinic is available for first aid booths, pow wows, wellness clinics, immunization's, and more!

If you are interested in inviting the mobile clinic to your community this summer, please contact James Anderson at (807)623-8511



WHY IT PAYS TO WORK AT DILICO

- 🎯 **Opportunities to Learn and Participate in Anishinabek Culture**
- 🎯 **Competitive Wages**
- 🎯 **Excellent Vacation**
- 🎯 **Extensive Benefits**
- 🎯 **OMERS Pension**
- 🎯 **Opportunities for Professional and Personal Growth**

Dilico Anishinabek Family Care currently has numerous employment positions available in several departments such as Child Welfare, Administration, Health and Mental Health and Addictions

Learn more at www.dilico.com/careers

CATCH UP VACCINATION



According to the World Health Organization (WHO) 'Catch-up vaccination – refers to the action of vaccinating an individual, who for whatever reason (e.g., delays, stockouts, access, hesitancy, service interruptions, etc.), is missing/has not received doses of vaccines for which they are eligible, per the national immunization schedule.'

Please contact your Community Health Nurse (CHN) to get caught up on your immunizations. Appointments can be made directly with your CHN, and visits can be in the home or clinic.

If you have any questions on immunizations, please contact Gerri Goodman, Community Health Services Manager at 807-633-3138 or toll free 1-855-623-8511

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Dilico
Anishinabek Family Care

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Upcoming Events

Traditional Healing Clinics

August 1-3, 2023. Clinics are bi-monthly.
Contact James Anderson or Tina Dennis at (807) 626-5100 for more information.

Adult Life Enrichment Program

Programming is for Adults/Elders in the communities for socialization, education, and fun activities, lunch is provided. Please contact Stacey Fiddler at 1-855-623-8511 for more information.

Dilico Adult Residential Treatment Centre Intake

- July 3 - July 28 (Male cycle)
- August 9 - September 1 (Female cycle)
- September 11 - October 6 (Co-ed cycle)

Please note treatment dates may be subject to change. Contact the Treatment Centre to confirm upcoming dates.

Female Intake Worker: (807) 624-1819

Male Intake Worker: (807) 624-1810

DILICO ANISHINABEK FAMILY CARE AGAINST HUMAN TRAFFICKING

FRIDAY JULY 28, 2023

Dilico Anishinabek Family Care is hosting the first annual Anti-Human Trafficking Day. Recognizing July 30th as the World Against Trafficking day, Dilico is standing in alliance with United Nations to bring awareness of the disturbing developments and trends of trafficking within our region. Join us to learn about your rights, ways to support victims and families, education and awareness.

<https://www.eventbrite.ca/e/dilico-anishinabek-family-care-against-anti-human-trafficking-tickets-634036047887>

HONOURING OUR CHILDREN RUN

SATURDAY SEPTEMBER 30, 2023

Mazinaajim is hosting the second annual honouring our children run in the spirit of truth and reconciliation. Let's come together as a community to show our support and commitment to truth, reconciliation, and healing.

www.honouringourchildrenrun.com

WE ARE IN THE COMMUNITIES



3A Whitesand Dr
Whitesand First
Nation

1-855-623-8511



118 Forestry Rd
Longlac

(807) 822-2521



#11-10th Street
Netmizaaggamig
Nishnaabeg

(807) 822-2521



112-4th Street
Nipigon

(807) 887-2514



200 Anemki Place
Fort William First
Nation, ON

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