



# Honouring Our Warriors

Annual Report 2017/2018



**Dilico**

Anishinabek Family Care

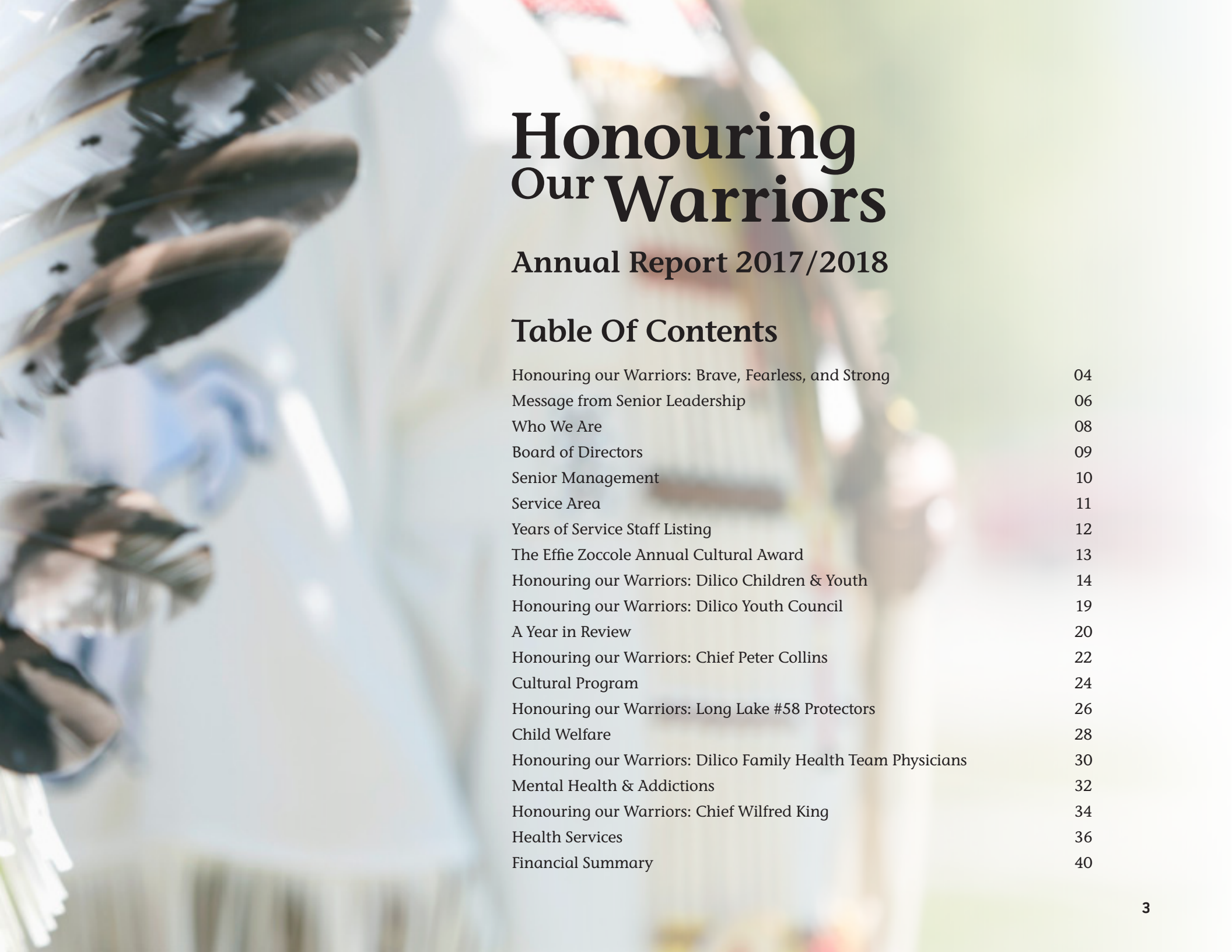




Dilico

Anishinabek Family Care





# Honouring Our Warriors

## Annual Report 2017/2018

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# Honouring Our Warriors

For hundreds of years, there have been people in First Nation communities that were known as protectors, natural helpers— the warriors in the communities that would shield the people and the land. Today, warriors continue to surround us daily, and there are many warriors that have made and continue to make a difference in the Dilico community. These unsung warriors truly hold communities together through their unselfish devotion of helping others. They support families, teach children, advocate for causes they believe in and protect the environment. They are the warriors for the little ones in the world.

The children of today will grow up to be the warriors of tomorrow, so it's important to have warriors that will inspire our children and impact future generations to follow. The one thing they all have in common is a belief in their own power to make a difference and the dedication to make it.

## Brave, Fearless & Strong

This Annual General Report shares stories of some of the warriors in the Dilico community. Through these stories, you will discover that any person, regardless of gender, age, race, cultural background or economic circumstance, can make a genuine lasting impact. They are our children, Elders, leadership, staff, community members, and family.

Warriors are important to Dilico and First Nation communities because they push and advocate for our children and youth, all the while challenging the system. Many of our warriors helped see the development of the Kitchi-gaa-ming Anishinabek Ogemaag, and as a result, we are now able to keep more of our families together, while providing programming that is key to improving outcomes for children and families.

Warriors know their identity, and we want to see this trait being passed down to all of our children. Warriors are **BRAVE, FEARLESS & STRONG.**



# Message from Senior Leadership

We are pleased to jointly report for the fiscal period of 2017-2018. This past year has seen many positive changes for Dilico Anishinabek Family Care (Dilico). Being community based is fundamental to Dilico; work on connecting with more members has continued to better understand each nation's unique needs and build upon community strengths. Dilico re-launched its newsletter – Your Dilico to keep First Nations and community members updated on new developments and initiatives happening within Dilico Anishinabek Family Care. The newly expanded Youth Council offers Dilico valuable perspective from each one of the thirteen First Nations. The Elders Council continues to provide guidance on many key issues they are seeing in their home communities. We value the insight and advice from our Elders and Youth while considering the delivery of our services.

The Cultural program continues to grow in staff and programs and services offered all over the region. A traditional parenting program was developed and piloted in two communities with great results for those involved. Our annual Pow Wow saw many people gather to celebrate our youth as they danced in regalia for the first time, as well as our staff's years of service and cultural contributions. Attendance at Kookom's place site in Limbrick has seen steady growth with a full breadth of cultural services offered.

We are grateful to our Chiefs and Board of Directors for their guidance and support. This year has seen continued jurisdictional issues that our Chiefs have relentlessly advocated to resolve. A Ministry directive was issued which confirmed that child welfare/protection activities were exclusively under Dilico's authority and statutory jurisdiction for all Indigenous children and families in the city and district of Thunder Bay and the Robinson Superior Treaty Area.

Dilico was pleased to receive approval for the development phase for a 96 bed long term care facility. The facility will be for all of the First Nations Dilico services and all Indigenous people. This facility will provide the opportunity to close the gap in Dilico's continuum of care framework by strengthening Senior's services.

Dilico celebrated the opening of a new in-city service site: Abiinojiishiik-amino-yawook EarlyON Child and Family Centre. The site is a culturally safe, relevant and respectful environment for families with youth children aged 0-6 that can visit the centre for assistance and support with children's early learning and development.

Dilico Health Services has expanded with the addition of a Primary Care Team expansion

“

*Warriors are not what you think of as warriors. The warrior is not someone who fights, because no one has the right to take another life. The warrior, for us, is one who sacrifices himself for the good of others. His task is to take care of the elderly, the defenseless, those who cannot provide for themselves, and above all, the children, the future of humanity.*

*- Sitting Bull*

”



focused on meeting community based needs at home, directly in the First Nation Communities. The addition of nurse practitioners, a psychologist, speech pathologist, dietician, traditional healers, clinical social workers and mental health workers will ensure our First Nations receive increased access to care in a culturally safe environment.

A new Jordan's Principle program was launched that provides quality home and community care services to Indigenous children and families on and off reserve with a focus on children with complex medical needs and whose needs are not being met due to wait lists, financial barriers, isolation, and lack of support.

A Northwest Region Opioid Strategy event was co-hosted by Dilico. The event brought together Indigenous and non-Indigenous service providers across multiple sectors: health, mental health and addiction, child welfare, justice, education, social services, and housing. Important discussions took place that looked at strengthening supports in regional communities and regional priorities were identified that will be carried forward through established local networks, working groups, and within organizations.

We work hard to balance the budget while meeting the needs of many different partners. Following an in-depth Ministry review of crown ward and foster care, Dilico has received positive results with the work being completed to meet community needs and legislative standards. We have strengthened the relationship between management and the union resulting in successful negotiations of a new collective agreement.

The Board and staff are grateful to the community for the incredible support that Dilico receives with the annual Christmas Wish Campaign and through the many donations we receive throughout the year on behalf of our families.

The Mazinaajim Children's Foundation has seen progress with the addition of an annual fundraising event that encourages youth to Dare to Dream. We thank the volunteer Board of Directors for their hard work and efforts to provide resources for our youth seeking cultural, recreational, educational, and leadership opportunities.

Our theme for this year's AGM is "Honouring our Warriors" to celebrate all of the important work that our grassroots leaders continue to do to protect our communities and way of life. Chi-meegwetch to all of the community warriors.

Respectfully Submitted,

Don Humphries, President  
Darcia Borg, Executive Director





# Who We Are

Dilico Anishinabek Family Care provides a range of responsive individual, family and community programs and services for the complete life journey of all Anishinabek people. Dilico cares for the welfare of children and families, physical health, the mental health and the health of the communities where Anishinabek people live by promoting wellness, preventing illness and trauma, and providing diagnosis, treatment and rehabilitation. On September 21, 1994 the Robinson Superior Chiefs gathered to recognize that the child welfare system had been adversely affecting the quality of life within their Nation. The respective First Nations participated in a traditional ceremony on the Fort William First Nation to express their intent and recognition of jurisdiction of the citizens within their Nation in regards to child welfare matters regardless of residency.

## • Vision Statements

To be identified as a self-governed organization that is recognized as a leader in the research and delivery of child welfare, mental health and addictions, and health services.

Delivery of community based services that enhance the well-being of Anishinabek children, families and communities in a culturally safe manner.

## • Mission

Dilico promotes healing and well-being of the Anishinabek people using an integrated holistic approach in a way that honours values, culture and traditions.

## • Core Values

- Client centered services based upon teamwork.
- Quality service delivery that is ethical, caring, compassionate, and sensitive.
- Partnerships that advance the well-being of the Anishinabek.
- Role models who demonstrate positive leadership.
- An environment that creates positive morale.
- Effective and accountable management.
- Long-range strategic planning.



# Board of Directors

Dilico Anishinabek Family Care's Board of Directors are responsible for setting the long-term vision for Dilico and providing guidance for operational efficiencies. All directors are independent from management and represent the First Nation communities in Dilico's service area.



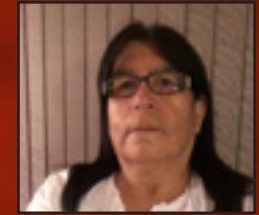
**Don Humphries**  
President  
Michipicoten First Nation



**Chief Theresa Nelson**  
Vice President  
Animbiigoo Zaagi'igan  
Anishinaabek



**Lorraine Cook**  
Secretary/Treasurer  
Biinjitiwaabik Zaaging  
Anishinaabek



**Bonnie Goodchild**  
Biigtigong (Pic River)  
First Nation



**Camille Borysewicz**  
Bingwi Neyaashi  
Anishinaabek (Sandpoint)



**Michele Soloman**  
Fort William First Nation



**Anthony Petten**  
Ginoogaming First Nation



**Chief Wilfred King**  
Kiashke Zaaging  
Anishinaabek



Anishinabek Family Care



**Marlow Wesley**  
Long Lake 58 First Nation



**Raymond Goodchild**  
Pawgwasheeng Pays Plat  
First Nation



**Vern Mcwatch**  
Pic Mobert First Nation



**Sean Ruth**  
Red Rock (Lake Helen)  
Indian Band



**Vacant**  
Whitesand First Nation



# Senior Management

**Jason Dulude,**  
Director of Finance & Corporate Services

**Carmela Hardy,**  
Director of Child Welfare

**Darcia Borg,**  
Executive Director

**Natalie Paavola,**  
Director of Health

**John Dixon,**  
Director of Mental Health & Addictions





## Legend

-  Main Office
-  District Office
-  1 Thunder Bay
-  2 Whitesand
-  3 Longlac
-  4 Nipigon
-  5 Pic Mobert

# Service Area

Dilico programs and services are available for Aboriginal and First Nation residents of any age in Dilco's jurisdiction and for children in care of Dilco and their caregivers.

First Nation communities in Dilco's jurisdiction are:

1. Animbiigoo Zaagi'igan Anishinaabek (Lake Nipigon)
2. Biigtigong Nishnaabeg First Nation (Pic River)
3. Biinjitiwaabik Zaaging Anishinaabek (Rocky Bay)
4. Bingwi Neyaashi Anishinaabek (Sandpoint)
5. Fort William First Nation
6. Ginoogaming First Nation
7. Kiashke Zaaging Anishinaabek (Gull Bay)
8. Long Lake #58 First Nation
9. Michipicoten First Nation
10. Pays Plat First Nation (Pawgwasheeng)
11. Pic Mobert First Nation
12. Red Rock Indian Band
13. Whitesand First Nation



Anishinaabek Family Care



# Years of Service Staff Listing

January 1, 2017 – December 31, 2017

## 5 Years

Lindsay Hubie  
Natalie Palmer  
Crystal LaFreniere  
Sylvia Meshake  
Kimberly Nuttall  
Ashley Tryburski  
Courtney Prystay  
Nancy McGuire  
Terry-Lee Squire  
Angela Bombay  
Melanie Beaulieu  
Lisa Stacker  
Tara Hardy  
Christine Bishop  
Margaret Halstead  
James Lee  
Leesha Satten  
Catharine Draper  
Shirley Roussy  
Nathan Martin  
Niemi Himes  
Carmen Theberge  
Elizabeth Afonso  
Marilyn Clapp  
Stephanie Mayo  
Stacie Jedruch  
Catherine Pelletier  
Sandra Abernot  
Jennifer Mills  
Lesley Harding  
Michelle Harel  
Michael Domingos  
Tom Sworczuk

## 10 Years

Lorna Hardy  
Laura Gottfred  
Crystal Bouchard  
Darlene Zupan  
Rachelle Munson  
Pamela Kaartinen  
Georgina Redsky  
Tammy Lafreniere  
Tina Simmons  
Tamarra Arthurs  
April Luby  
Debbie McCarville  
Stacey Doran  
Louise Annie Culligan  
Ethel Galloway  
Michelle Legacy

## 15 Years

John Dulude  
Carmela Hardy  
Claudine Majdanac  
Amanda De Leon

## 20 Years

Kathy Campbell

## 25 Years

Dana Gray  
Connie Syrja  
Teresa Moorhead  
Marilyn Netemeegeesic





# The Effie Zoccole Annual Cultural Award

The Effie Zoccole Annual Cultural Award was introduced in June of 2016. The award recognizes employees for their dedication and promotion of Anishinabek culture within Dilico. Effie was instrumental in promoting culture and shared her knowledge and wisdom with so many people throughout her 27 years of employment.

The 2nd Annual Effie Zoccole Award was awarded to Crystal McLeod, Infant Child Development worker in Dilico's Longlac District office. Crystal goes above and beyond her job to help children, families and co-workers by sharing her knowledge and teachings. She models the seven sacred teachings and believes in helping families heal through culture and ceremony.



# Honouring Our Warriors

## Dilico Children & Youth

*Sometimes, real warriors live in the hearts of small children.*





## Davina Bouchard

9 years old  
Long Lake 58 First Nation

**Warriors:** Mamma & Pappa

Davina wants to see change. She is the president of an anti-bullying campaign at her elementary school. She took the lead on the project with a goal to eliminate bullying for her fellow students and friends. She has worked hard to achieve an orange belt in Karate and loves to take pictures.

*"A warrior is a superhero, a fighter, someone that is strong. My Mamma and Pappa are my warriors. They take care of me and give me food. ...they tuck me in and give me kisses."*

**Honouring  
Our Warriors**







## Gavin Eveleigh

17 years old

Biinjitiwaabik Zaaqing Anishinaabek

**Warriors:** Older brother, Elders, Jackie Chan, Ernie from Dilico

Gavin is a born leader. He has an on-going passion to learn more about his culture and share it with other youth and is also very dedicated to his spiritual well-being. Gavin fully embraces the Anishinabek way of life, attending sweats, feasts, fasting, and participating in Pow Wows and likes to drum. He enjoys spending time with local Elders sharing stories. You will often see Gavin with a video camera as he likes to capture life the way he sees it, with a vision to share it with others. He recently travelled to Napal.

*"I think a warrior is someone that can lead himself but knows when to take initiative to listen. An Elder once told me that everyone wants to be a Chief but nobody wants to be a warrior- I had to ponder those words for a while. But after I went back to that Elder, and told him that I know what he means. Everyone wants to be a leader but nobody wants to do the hard work. But we need balance to live in harmony."*

*"My future will have something to do with the people- especially Indigenous youth. Not enough youth know the true history of Canada and why things are the way they are."*

**Honouring  
Our Warriors**



## Phyllicia Fenton

13 years old  
Fort William First Nation

**Warriors:** Brother and Sister

Phyllicia's smile and positive energy lights up any room. Although living with Cerebral Palsy, Phyllicia constantly pushes and challenges herself to do everything that any other teen is capable of doing. As a result, this past year Phyllicia challenged herself and learned to ride a bike and swing. She also did really well in school, making some very positive gains with her motor skills and grades.

*"With her upbeat attitude, her goal to stay active and her ongoing determination, there really isn't anything Phyllicia can't do. If you try to help her, she usually turns you down and tries to do it on her own. She works hard."*

– Phyllicia's Care Giver

**Honouring  
Our Warriors**





## Ethan Tookenay

12 Years old

Pic-Mobert First Nation (However lives in Biigtigong Nishnaabeg and is an active member of that community as well)

**Warriors:** Sidney Crosby

Ethan is always striving to do better and he just keeps swimming no matter what life throws at him. Heading into Grade 8, Ethan has made many improvements in his schooling and education over the past year. With a love for soccer, hockey, and swimming, he has dreams to become a professional athlete.

*“A warrior helps people and First Nations, they are smart and make things better.”*

**Honouring  
Our Warriors**



# Honouring Our Warriors



“ A warrior looks to open up other opportunities for people in the community. ”

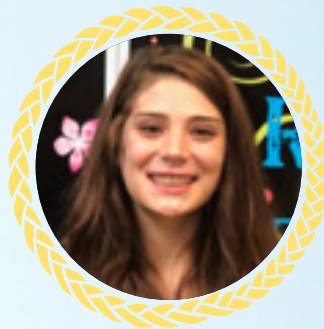
- Mackenzie Becker,  
Biinjitiwaabik Zaaging  
Anishinaabek



“ Someone who can be strong and resilient and make a difference on this planet. ”

-Kristian Bouchard,  
Pays Plat First Nation

## Brave, Fearless & Strong



“ Being a warrior to me means to keep doing what you believe is right not only for you, but for your people ”

- Destiny Belleau,  
Animbiigoo Zaagi'igan Anishinaabek



“ They stand up for what they believe in and perseveres through the greatest struggle and fights for what they believe in despite what they have been through. ”

- Ocean Cherneski,  
Biigitgong Nishnaabeg



“ Someone who can come back from tough situations and is educated. ”

- Karis Waboose,  
Long Lake 58 First Nation

## Dilico Youth Council

*The Dilico Youth Council was formed in November of 2015. In July of 2018, Dilico worked to expand the Youth Council membership to include a representative from each of our thirteen First Nations. The Youth Council ensures their knowledge, experiences, and values are incorporated into our day-to-day activities.*



# Year in Review



**April 2017:**  
3rd Annual Dilico Hockey Game



**June 2017:**  
1st Annual Pow Wow – Gakina Maamawedaa  
All Health Staff Training  
New Staff Orientation



**September 2017:**  
Orange shirt Day



Elders Advisory Council Meeting



**August 2017:**  
Kookom's Place BBQ  
Children's Sweat Lodge



**May 2017:**  
Spring Feast  
Big Bike Ride



Health Directors Meeting

Children's Mental Health BBQ



**July 2017:**  
Empowering Boys and Girls Camp



Child Welfare Wellness Days







ABTRS Mural

**November 2017:**

Youth Outreach Worker Program  
wins Mayor Safety Award



New hide for HBO Drum.

**January 2018:**

Thunder Bay Regional Health  
Sciences Centre Protocol Signing

**March 2018:**

Youth Confidence Conference



First graduating group of Pathways Training

Opioid Strategy Event



**October 2017:**

Step Up Campaign: Child Abuse Prevention Month



Go Purple for Prevention Day



Fall Feast



**December 2017:**

Christmas Wish Campaign- In total,  
800 bags were filled for babies, children  
and youth in the district of Thunder  
Bay, the most amount the organization  
has filled to date.



**February 2018:**

Empowering and Promoting First  
Nation Communities Conference





# Honouring Our Warriors



# Chief Peter Collins

Fort William First Nation

For over two decades, Chief Peter Collins has provided unwavering support for Dilico Anishinabek Family Care as a leader in his community of Fort William First Nation. Providing strong advocacy for the equality of Indigenous children and families, he is known to the community as a passionate warrior.

Chief Collins has been at the forefront of recent jurisdictional disputes leading the protection for the Robinson Superior Treaty Area. He believes strongly in the spirit of cooperation and works hard to resolve issues in a respectful manner.

Seeing Dilico grow immensely over the past 20 years, Chief Collins has a great appreciation for the continuity of care that is offered to Anishinabek people across the region. With his guidance and support, additional care will soon be available for Elders with a vision to have them stay in the community with the development of an on-reserve long term care facility.

Chief Collins supports Dilico and the protection of our children. He sees Dilico as a major contributor to wellness, but believes the community is responsible for creating a healthy environment. He leads by example and continues to fight for those that need more assistance and support.

“

*The community has to play a positive role in the lives of our children by providing continuous support to lead and guide them in the right direction. Fort William First Nation understands the importance on focusing our efforts on our children while supporting our community parents. We know there are parents living with addiction issues, and we also can't forget about those that aren't addicted and ensure we provide mentorship and keep them healthy.*

”



# Cultural Program

## Bimaadiziwin Wiidookaagewin (Good Life Helper) Anemki

The Dilico Anishinabek Family Care Cultural Program connects staff, families, and our children and youth with spiritual guidance, local Elders, traditional teachings, and tools for the mind and spirit.



**Bimaadiziwin  
Wiidookaagewin**  
CULTURAL PROGRAM

## Overview

In 2017-2018, there were 40 cultural programs coordinated monthly, along with Monday and Friday smudge ceremonies, spring and fall feasts, the smudging Dilico buildings in the spring and fall, and summer programming which included medicine harvesting, traditional games, drum socials and children's sweat lodges:

**23 programs:** Adult Treatment Centre and the Aftercare Program (teachings, sweat lodges, sacred circles, 1-on-1 counselling, etc.)

**17 programs:** Anemki Friday sweat lodges, Grandfather Drum teachings (Archibald), Day Treatment, Children & Youth Cultural Nights, Foster Parent training, June Steve-Lendrum, Kookom's Place, Noon-drumming connecting with district, traditional healing/counselling and regalia-making.

There were **37 Anemki sweat lodge ceremonies**, which included 2 children's sweats. The lodge was also used an additional 20 times with donated wood and rocks by the larger Thunder Bay community.

The lodge was re-built in July. Lodge teachings were shared with children in conjunction with our 1st Traditional Games Day prior to our 1st children's (and helpers) lodge.

Regalia-Making, funded by the Ontario Arts Council, was held for the 3rd time from April until June. Fifteen youth learned to use the sewing machine to complete regalia, which was feasted in ceremony on June 9th. The youth joined 1st Annual Dilico "Gakina Maamawedaa" (Everyone All Together) grand entry. There were approximately 300 people in attendance.

The **2nd Annual Effie Zoccole Award** was awarded to Crystal McLeod. The award is to recognize employees who show dedication in promoting Anishinabek culture within Dilico.

The **1st Annual Fasting Camp** was held in May. Seven registered and one 16 year old attended, who completed a three-day fast with a feast of moose meat and bannock.

In August the **Traditional Parenting Program** was reviewed with two local elders

and staff. Recommended changes and additions were made. The program was presented to the Elders Advisory program in January, and plans were underway to start a pilot project at the June Steve-Lendrum Centre in April.

In January, the cultural program was invited to attend weekly high-risk committee meetings.

**A Grieving Releasing Ceremony** was held in February with elders from Biigtigong First Nation facilitating. There were 30 who attended.

**85 Client Service Referrals** - traditional elders worked 1-on-1 with youth, parents and families.

**Workshops**, based on client referral needs were held. Young girls attended skirt making and received women's teachings, and young people attended therapeutic arts and storytelling of Anishinabe Woodland painting workshops.

**Ga-nii-ba-wich Ma-ko (Ma-ka-de Ma-kwa Gaa-boo) Standing Bear Grandfather Drum** gives clients and community an opportunity to sit around a drum to learn teachings and songs. Standing Bear is brought



to the various Dilico locations for meetings and First Nations for drum socials and teachings, and at times powwows. Our elders tell us the drum is the centre of everything we do so it can send Creator's love in all directions.

As of March 31, there are thirteen names on the Elders/Cultural Resources List for Anemki.

## District Cultural Program

- There were 58 grandfather & hand-drum and life teachings to the First Nations and/or schools reaching 2,138 people. Youth are becoming more familiar and confident in singing songs increasing their knowledge, identity and self-worth.
- There were 72 events such as rattle making, sacred circles, cultural support, feasting, pipe ceremonies, rites of passage, fasting and youth camps impacting on whom our people are in reclaiming their identity and learning the teachings and stories of our creation reaching 1,697 people.
- A new cultural coordinator was hired in Longlac in October.
- The Traditional Parenting Program was piloted in March 2018 at Long Lake First Nation with 12 parents participating. A Grieving Ceremony was held at Long Lake in December with 31 attending.
- As of March 31, there are 16 names on the Elders/Cultural Resources List for the District (4-Long Lake, 4-Biigtigong, 3-Mobert, 2-Gull Bay, 3-Whitesand)

## Highlights

444

People attended Anemki and ARTC sweat lodges

138

Teachings were provided to the Adult Residential Treatment Centre

17

Youth made regalia

8

Youth nights were held at Anemki (Traditional Room)

47

People attended 6 Mom & Tots Drumming at the Steve June Lendrum Resource Centre

125

People attended 11 Grandfather drum teachings at Archibald

85

Client Anemki Related Referrals received for cultural services

2589

Non-client related people reached for cultural services

2,138

Students, teachers, and community members reached with Grandfather & hand-drum teachings to schools & First Nations

1,697

Community members and staff reached



# Honouring Our Warriors







## Long Lake #58 Protectors

**I**t's all about family according to the youth of Long Lake #58 First Nation. A close group of dedicated youth with the guidance of a few adults, push to keep regular community safety patrols happening in the community. After a local member passed away, a group of women knew they had to do something, so they started the patrol to help the community deal with issues the nation was struggling to overcome. The Protectors have evolved into a youth-led initiative with a goal to have children, families and Elders feel safe in the First Nation.

These young warriors are role models in their community showing courage and resilience as they protect their home. With their companion dog Gizmo, groups circulate the reserve capturing information and helping to keep the community safe as an extra set of eyes. Since its inception, the group has seen success, with a reduction in the amount of undesirable vehicles visiting the community and assisting children to return home by curfew.

Although the Protectors have made strides to create a safer community, the group has also experienced many challenges along the way, often having to deal with criticism and pushback from extended family and members of the community. Encouraging words from local Elders keep the group engaged and motivated to continue with the patrols, recognizing that it's important to stand up and work for what they want to see in the community.

Nightly reports of the work completed by the Long Lake #58 Protectors are sent to leadership and partners to ensure information is being shared. With support for supplies from the Chief and Council, local businesses, along with some government assistance, the youth persevere to keep patrolling.

“

*The youth  
stepped forward  
and took control  
of the patrols –  
they are the ones  
here every night.*

”



A young Indigenous child, likely Anishinabek, is shown in profile, looking down. They are wearing a traditional headband with a circular ornament featuring a cross-like design. Their clothing is intricately patterned with geometric designs in white, black, and red. The background is a soft, out-of-focus natural setting.

# Child Welfare

## Mikinaak Service Delivery Model

Dilico's Mikinaak Service Model is culturally based where the First Nation community, family, and extended family are involved in planning to ensuring a child's safety, well-being and protection. The model was developed by the Elders and First Nations members within Dilico Anishinabek Family Care service area. The traditional and customary care practices of the individual First Nation communities are recognized within it. The core of the Mikinaak Service Model is the belief that it takes a "community" to raise a child. It is the role of the staff to ensure that the "community" guides the decision making for families and children of the First Nation.

The Mikinaak Service Model for Customary Care is the direct, active involvement of the child's community members working in partnership and assisting parents in the care of their children in times of need. It involves drawing on local traditions of caring in order to ensure that children remain a part of the family, extended family, and community. Accordingly, members of a child's immediate and extended family, and the community as a whole may participate in decision making related to the child's well-being.

Dilico is a multi-service agency that provides an integrated approach to services in Child Welfare, Health, Mental Health and Addictions to Anishinabek children and families. Dilico Anishinabek Family Care embraces a holistic approach in service delivery, which compliments the strengths, values and traditions of Anishinabek children, families and communities.

## Community Partner and First Nation Protocols

Dilico continues building positive relationships with our community partners through working protocols. Each protocol is unique to the needs of the community and its membership and guides us in a collaborative working partnership so that we may advance the well-being of the Anishinabek.

## New Legislation: Child, Youth and Family Services Act, 2017 (CYFSA)

The Act came into effect April 30th, 2018 and the preamble states, "the Government of Ontario is committed, in the spirit of reconciliation, to working with First Nations, Inuit and Métis peoples to help ensure that wherever possible, they care for their children in accordance with their distinct cultures, heritages and traditions." The purpose of the CYFSA is to promote the best interests, protection and well-being of children, and further states First Nations "should be entitled to provide, wherever possible, their own child and family services, and all services to First Nations, Inuit and Métis children and young persons and their families should be provided in a manner that recognizes their cultures, heritages, traditions, connection to their communities, and the concept of the extended family."

## First Nations, Inuit and Metis (FNIM) Child and Family Services

Under the old Child and Family Services Act, the Minister could designate native communities for the purpose of the Act and make regulations establishing lists of FNIM communities for the purposes of the Act, with the consent of the community's representative. The new Act has expanded the rights to notice and participation given to a child band or community with the exception the court may order otherwise on the basis of the best interest test and Societies must consult regularly with an FNIM child's bands or communities.

## Absent Without Leave (AWOL)/ Absent and Missing Youth Fan Out Process (Circle of Care)

A new process is going to be implemented regarding an integrated approach for when youth become Absent without Leave (AWOL)/Absent or Missing. A committee has been formulized to develop what already exists in Child Welfare, Mental Health and Health Services, regarding a Youth Fan Out process.



The Agency as a whole works together to locate our youth. This committee is to ensure that an integrated process is in place and being followed in regards to absent/missing youth.

## Kitchi-gaa-ming Anishinabek Ogemaag Home

In keeping with the Vision, Mission Statement and Core Values of Dilico Anishinabek Family Care, the purpose of the (Kitchi-gaa-ming Anishinabek Home) program is to provide a culturally safe residential placement for adolescents in the care of the agency, who are experiencing difficulties and who cannot adequately be served within the regular foster home placement system. These youth include those exhibiting high risk behaviours and those placed in Outside Paid Resources ready to transition home.

The program emphasizes the concepts of cultural services along with safety, stability and structure. Resources will be provided to each youth in an effort to prepare the youth to return to his/her caregiver or with other family members, to integrate back into the foster family or to prepare for independence.

## Program Philosophy

It is through the Medicine Wheel teachings that Dilico's holistic approach is based on the application of the Medicine Wheel conceptual framework, which provides guidance for achieving balance throughout the four cycles of life; childhood, youth, adulthood and Elder.

The (Kitchi-gaa-ming Anishinabek Group Home) program respects an individual's goal of ensuring personal well-being in all of the four aspects of their personal being; physical, mental, emotional and spiritual. It will follow Dilico's program philosophy through the use of conventional and cultural interventions which focus on a youth's behaviors and thought processes as well as addressing their relationships with others. This is achieved through individualized interventions which focus on the four aspects of being and involves the use of traditional healing approaches, drum, regalia, mother earth, and life cycle teachings.

## October Child Abuse Prevention Month

In 2009, Dilico Anishinabek Family Care and The Children's Aid Society of the District of Thunder Bay introduced the "Step Up" campaign. Each year throughout the month of October, Step Up encourages residents, businesses, families, and schools to 'step up' and take responsibility for the safety, happiness and well-being of children by participating in a variety of initiatives. This year's annual Step-Up campaign event, featured the #ISeeYouProject, which focused on the unique strengths and qualities of children and youth. Students, children and youth participated in a fun and creative craft project to design a colourful cut-out of themselves. Through the exercise, they explored and visually expressed what makes them unique as individuals. The project was an opportunity for children and youth to build self-esteem and confidence.

## Annual Christmas Wish Campaign

Once again Dilico hosted its annual Christmas Wish Campaign. In total, 825 bags were filled for babies, children and youth in in the Robinson Superior Treaty Area and the City and District of Thunder Bay, which was the most successful campaign the organization has had to date.

Throughout November and December, community members, businesses and organizations signed up for a Christmas Wish bag, and committed to fill the bag for a child in need. The Dilico Christmas Wish campaign, is unique in the fact that each bag comes with an individualized tag that lists whether the bag is for a boy or girl, their age, interests and likes.

Dilico also partnered with St. Patrick's High School's Grade 12 Drama class. The drama class students featured the play "Snow Queen", based on the Disney cartoon movie "Frozen". Each student personally filled a wish bag and also collected donations and toys from the audiences of the two performances.

## Staff Wellness Days

The enrichment of wellness is supported for all our helpers at Dilico, this including the child welfare staff. During the summer months Wellness Days were offered to the staff

which focussed on the support for individual care and compassion for oneself. One of the messages delivered during these days was 'Be your own hero', a concept and a quote from a young girl to staff. Self-wellness is an important feature for the work we do as helpers, as the individual journey for wellness strengthens the work done with children, families and communities. The days featured guests with their stories, traditional teachings, food and lots of laughter.

## Highlights

Reporting Period: 01-Apr-16 - 31-Mar-17

4,610

Inquiries /Reports Received

1,089

Completed Investigations

666

Completed Investigation in Ongoing Protection

888

Families Receiving Ongoing Protection Services

330

Customary Care Arrangements

230

Children in Care with a Legal Status

66

Continued Care & Support for Youth/ Renewed Youth Supports



# Honouring Our Warriors

## Dilico Family Health Team Physicians

They are the ones that calm a frantic worry over a fever, soothe aches and pains, and spend long days pushing boundaries in hopes of providing the highest possible care to our most precious resources- they are our children's doctors.

Dilico is proud to have two everyday warriors working on its family health team. Offering care from a place of understanding, both Dr. Diane Bannon and Dr. Tracy Michano Stewart have lived and grown up in First Nation communities. This life experience has provided them with a much deeper consideration for their patients, seeing first hand the many challenges that can be faced that impact health care, such as transportation, and social and financial barriers.

Dr. Bannon and Dr. Michano-Stewart value the support they have working on an interdisciplinary team being able to consult colleagues on a variety of different specialities. The doctors also

appreciate the Dilico Family Health Team model. The model allows them to play a larger role in the lives of young people, spending quality time working with their patients one on one to truly understand their needs to help them become happy and healthy children.

"Recognizing that there are other things going on in a patient's life is key in our clinical decision making. It is also just as important to take extra time to ensure patients will be able to follow a course of action to address their health issues."

Working with children and youth motivates these physicians daily. After spending long days working in challenging situations they appreciate getting to see the gains that patients are making, not to mention the smiles on their little faces.

They have a commitment to giving the best care to children, with a mission to make their lives better.

“

*It's an honour to work with children and families; I became a physician because I wanted to be able to help our people more.*

”





“

*All children inspire me.  
They are resilient and  
have so much courage.  
I feel like if they see you  
are working hard and  
you care for them – it  
makes a difference in  
their lives.*

”





# Mental Health and Addiction Services

## Adult Mental Health and Addictions Services

The Community Wellness Development Team continued with its mandate to support community-based responses to addictions. The team engaged 26 communities in the catchment area (55 in catchment area) to develop community plans to respond to crisis and substance abuse. Capacity issues with respect to program implementation are a constant challenge across the province due to high turnover and complex needs of the communities.

We now have 12 staff that have completed the requirements to become Certified Addiction Counsellors. The Adult Residential Treatment Centre continues to have the most certified workers in the National Native Alcohol and Drug Abuse Program (NNADAP).

Dilico Anishinabek Family Care was successful in its application to develop and provide Post Treatment Supportive Housing for people that are leaving the Adult Residential Treatment Center and require ongoing supportive living and after care services.

Dilico Anishinabek Family Care was successful in securing funding for Transitional Discharge workers that are located at the regional hospital. The workers facilitate discharge of rural clients that need ongoing supports and services when returning to their home communities.

Dilico Anishinabek Family Care in partnership was successful on a collaborative application to develop a Rapid Access Addictions Medicine Clinic (RAAM); the program is designed to provide immediate access to opiate substitution therapy and counselling and traditional supports, as appropriate.

## Children's Mental Health Services

Dilico Anishinabek Family Care was successful in its application to develop and implement services for a culturally safe, indigenous focused EarlyON Child & Family Centre. Abiinojiishiik-amino-yawook or children cared for in a good place, opened in the former McKellar Hospital just prior to fiscal year end; a formal launch occurred in July 2018.

Dilico Anishinabek Family Care's Annual Training conference hosted 157 delegates and provided them with 13 hours that can be applied against certified continuing education credits.

Dilico Anishinabek Family Care hosted successful Boys and Girls Summer Cultural Camps on Lake Nipigon. The camps provide traditional teachings, land-based activities and gambling intervention strategies.

Dilico Anishinabek Family Care is supporting ongoing transitional supportive housing to youth that were engaged in the Housing Outreach Program-Collaboration (HOP-C) program.



# 191

Individuals were provided with Aftercare Services

# 406

Adults experiencing Mental Health & Addictions issues assisted by Adult Case Management

# 188

Individuals received care from the Adult Residential Treatment Centre (90.6% completion rate)

# 93

Children served by SNAP Program

# 880

Access Network Referrals (Children's Mental Health)

# 220

Families Received Infant Child Development Services (340 Children serviced)

# 359

Children supported by Counselling and Clinical Services

# 53

Supported by Day Treatment Services

# 350

Families supported by Family Preservation Services

# 747

Families provided with Case Management Services

# 121

Tele-Mental Health consults were triaged and facilitated via Ontario Telemedicine (OTN)

# 103

Individuals supported by Early Intervention Aftercare Workers

# 230

Individuals supported by Adult Mental Health Services

# 230

Individuals supported by Adult Mental Health Services



# Honouring Our Warriors





# Chief Wilfred King

Kiashke Zaaging Anishinaabek

Chief Wilfred King is passionate about First Nation's families, which he explains is the core of a community. After successfully attending University, he returned to lead his First Nation and devote his time and efforts to children- the future generation of leadership.

Seeing Dilico as an important organization to all First Nation communities, he offers his knowledge and guidance in a way that has helped challenge the system and provide better circumstances for children. Kiashke Zaaging Anishinaabek introduced the concept of Customary Care and has advocated for change to the Child Welfare system that would be more suitable for First Nations membership by incorporating the Indigenous culture and way of life.

Today, Customary Care is the most predominant care agreement that is used at Dilico and has helped the organization see a reduction in number of children in the provincial system. This transformation has provided the communities with an opportunity to exercise a greater control in the welfare of their children.

“

*KZA introduced Customary Care because there was a provision in the Child and Family Services Act that allowed First Nation communities and agencies to opt into a new model where apprehensions were no longer necessary. Dilico is more of an aboriginal run agency, with aboriginal values, teachings and programming. The service delivery model has become more and more holistic as we move forward. The change in the model of care, has seen positive changes at Dilico and in our communities.*

”



# Health Services

Through integration and collaboration with internal and external partners, Health Services has encountered over **37,977** client visits/patient this past year. Health Services continues to move forward in providing quality care to clients and communities by offering a wide range of services. Health Services has been in a constant state of growth; resources and services are being added to the communities. This past year has been very eventful in service expansion. Dilico Health Services has expanded primary care services through a new Indigenous Midwifery Program and a new Primary Care Team. The Indigenous Midwifery Program exploded and has had a positive enrolment.

An application was submitted to the RFP under the Health Transformation Strategy. Dilico was successful at being awarded a new travelling Primary Care Team. The past year has included a recruitment drive for the new team and preparing for service delivery.

# 37,977

Client Visits /  
Patient Encounters

## Community Health Services

The Integrated Services Team (IST) extended the age range to ensure to capture the developmental needs of the children referred and to provide more parenting support to families. An Infant/Child Wellness Worker was added to the team to work closely with the Integrated Services Community Health Nurse. Mental Health also has an IST worker who supports the program for ages 4-18 years of age. The IST is working effectively with Child Welfare and have provided in-services for program changes to ensure they are supported. The IST holds a seat on the High Risk Committee with Child Welfare and are able to assist in ideas to assist Case Managers on how to proceed with their higher risk clients who do not fit criteria for IST.

Mental Health (Wellness) nursing has provided crisis services and partnership support to the communities when needed. This program has been redesigned to capture all of our clinical clients for mental health conditions and provide mental health support when diagnosed with chronic health condition. This program promotes wellness to promote the importance of mental health for holistic care. Depression and grief/loss in regards to their diagnosed conditions are prominent use of the service.

# 6,511

Total Client Visits/Encounters

# 177

Diabetes Support

# 454

Immunizations

# 1,748

Clinic Visits

# 171

Foot Care

# 1,020

Home Visits

# 77

Aboriginal Healthy  
Babies Health Children

# 1,506

Health Presentations  
and Activities



## Community and Personal Support Services

Through Jordan's Principle, Community and Personal Support Services has hired three contract Community & Personal Support Workers to work with children from 0 to 18 years to address any unmet needs. There is a new Speech & Language Provider contract for two of our community schools. Dilico facilitated a Speech & Language training session for Early Speech & Language Intervention for all our communities. The Anemki Community & Personal Support Workers are now working a three shift schedule to address clients' needs that were provided by external providers in the past. Majority of the Community and Personal Support Services staff has received a certificate for Basic Foot Care. Also, all Community & Personal Support Workers have attended the week-long Palliative Care for Frontline Workers through CERAH.

172

Total Clients Served

8,127

Total Client Visits / Encounters

10,806

Total Service Hours

## Diabetes and Chronic Disease Management

Two of the Diabetes Educators have successfully passed the national Canadian Diabetes Educator Certification Board Exam; therefore, they are eligible to use the title of Certified Diabetes Educator. Upon completion of the exam, the two Certified Diabetes Educators completed the Intense Insulin Management Program at the Michener Institute of Education at University Health Networks.

The Point of Care Testing (POCT) program for A1c (3 month average of blood sugars) and ACR (albumin creatinine ratio, measuring kidney function) continues in the three First Nations: Biinjitiwaabik Zaaging Anishinaabek, Pays Plat First Nation and Red Rock Indian Band. DCA Vantage Analyzers are provided through the NW LHIN for the Diabetes Educators to have the ability to do onsite testing. The Diabetes program also has its own DCA Vantage Analyzers so all communities and members have the ability for onsite testing.

Foot care is an integral component of individual's diabetes management; therefore, it is included in all care plans and provided for all patients during their diabetes appointments. Appropriate foot care and assessments decrease the risk for wounds and amputations.

1,199

Total Client Visits

1,233

Total Group Participants

66

Community  
Group  
Presentations



# Health Services

## Family Health Team

The Family Health Team remains among a few practice groups within our community currently enrolling new patients. We enrolled over 250 new patients in the last fiscal year.

The Indigenous Midwifery Program has been successful in establishing clinical and therapeutic relationships with hard to reach clients. The program currently offers the following services:

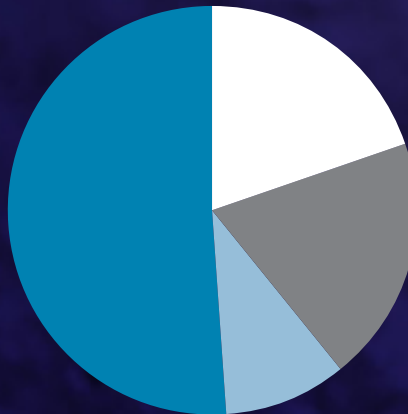
- Prenatal Care
- Shared Care with Obstetrician
- Postpartum and Newborn Care
- Well-woman and Well-baby Care
- Holistic Approach to Pregnancy
- Education on Healthy Pregnancy

# 14,211

Total Patient Encounters

### Most Utilized Clinic Programs of the Year

- 1,338 Chronic Disease Management
- 1,316 Lifestyle and Periodic Health (Curative Care)
- 663 Immunization (Childhood and Adult)
- 3,425 Health Promotion and Disease Prevention (screenings)



## Home & Community Care

Home and Community Care continues to provide home care services with coordination, health monitoring and contracting of other service providers. There has also been an improvement of services with the Discharge Planners more visible and integrated in both the Thunder Bay Regional Health Sciences Centre and St. Joseph's Care Group.

We have successfully received funding through the Jordan's Principle. This project is assisting medically complex children, providing improved care coordination and bridging gaps in care. With the addition of the 8 new staff, we are servicing Indigenous children under the age of 18, both on and off reserve.

# 4,146

Total Clients Served

# 6,016

Total Client Visits/Home Visits

# 10,745

Total Service Hours



## Quality Assurance

### Electronic Medical Records (EMR)

We continue to enhance our efficiencies in workflow through changes in clinical processes, including documentation and client encounter management. Both support statistics collection in addition to help us improve health outcomes and client safety through preventive care and chronic disease management.

### Client Satisfaction Surveys

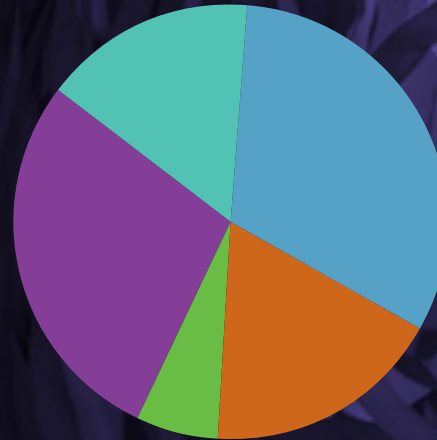
Client satisfaction surveys are now available for clients to access and submit electronically on the Dilico Website.

Client satisfaction is a key indicator for the Health program. Client satisfaction surveys are conducted on a regular basis to obtain feedback on the quality of the client and family care experience.

### Accreditation

Quality improvement efforts to integrate the requirements of the new and existing standards into daily activities and processes is ongoing. This includes strengthening our client- and family-centered care model.

## Health Client Encounters - 2017/18 (Over 37,977)



- 6,016 Home & Community Care
- 12,168 Community and Personal Support Services
- 6,715 Immunization (Childhood and Adult)
- 2,375 Health Promotion and Disease Prevention (screenings)
- 2,375 Family Health Team

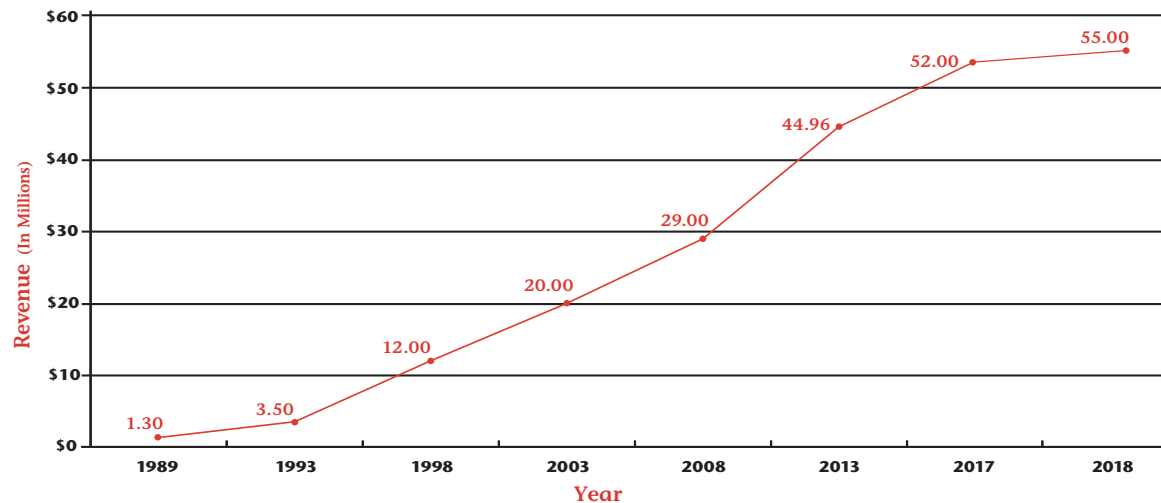


# Financial Summary

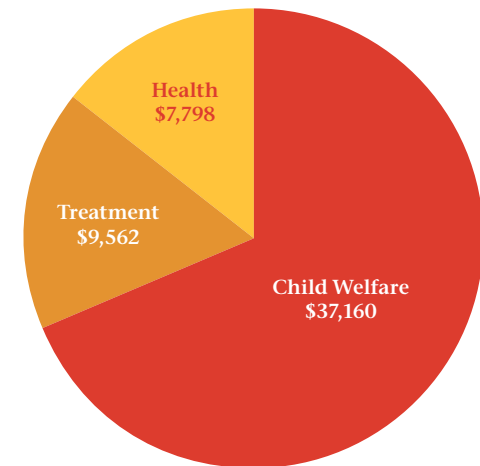
## Finance Department

Finance is dedicated to providing leadership, technical support, information and advice in the development and administration of financial and information services including the preparation and management of capital and operating budgets as well as long range plans to ensure the financial stability of Dilico Anishinabek Family Care.

### Growth in Funding (in Millions) Over the Last 25 Years



### Expenditure By Service 2018



(In thousands of dollars)

Fully audited financial statements are available upon request from Dilico Anishinabek Family Care.



## Condensed Financial Information

### Statement of Operations

<b>Year ended March 31</b>	<b>2018 (\$)</b>	<b>2017 (\$)</b>
<b>REVENUES</b>		
Government of Ontario	\$43,744	\$42,123
Government of Canada	\$6,274	\$5,931
Other	\$4,543	\$3,958
<b>TOTAL</b>	<b>\$54,561</b>	<b>\$52,012</b>
<b>EXPENDITURE</b>		
Child Welfare	\$37,160	\$35,976
Treatment	\$9,562	\$8,860
Health	\$7,798	\$7,412
<b>TOTAL</b>	<b>\$54,520</b>	<b>\$52,248</b>
<b>Deficit From Operations</b>	<b>(41)</b>	<b>(236)</b>



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# Honouring Our Warriors

Annual Report 2017/2018



**Dilico**

Anishinabek Family Care





Anishinabek Family Care

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