

MOVING FORWARD

Annual Report
2012 – 2013



Dilico

Anishinabek Family Care



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WHO WE ARE

As an integral health provider in First Nations communities in the Robinson-Superior jurisdiction, Dilico Anishinabek Family Care provides a wide spectrum of programs and services based on Aboriginal values for the complete life journey of Anishinabek people.

To foster a supportive and caring environment for individuals, families and communities; the experiences, expertise and involvement of First Nations people; a caring, knowledgeable and experienced Dilico workforce and actively engaged community partners work together for improved health outcomes and social programming.

VISION

Our vision is balance and well-being for Anishinabek children, families and communities.

MISSION

Dilico embraces a holistic approach in the delivery of health, mental health, addictions and child welfare systems to complement the strengths, values and traditions of Anishinabek children, families and communities.

CORE VALUES

- Client centred services based upon teamwork.
- Quality service delivery that is ethical, caring, compassionate and sensitive.
- Partnerships that advance the well-being of the Anishinabek.
- Role models who demonstrate positive leadership.
- An environment that creates positive morale.
- Effective and accountable management.
- Long-range strategic planning

USING OUR STRENGTHS TO AFFECT POSITIVE CHANGE

Improving First Nations health and well-being requires an integrated and focused approach. To be truly effective and proactive in meeting the needs of children, individuals, families and communities, Dilico Anishinabek Family Care recognizes a holistic framework, one that encompasses all aspects of Anishinabek culture – the system of beliefs and values, language, kinship practices, economic ties, community and social relations, and more.

MESSAGE FROM SENIOR LEADERSHIP

On behalf of our Board of Directors, I'm pleased to share Dilico Anishinabek Family Care's 2012 Annual Report. We are committed to working to build healthy, strong individuals, families and communities. Our appreciation and thanks to Dilico's staff, foster parents and caregivers for helping the Senior Management Team and our community partners continually improve efforts that ensure the right to good health in sustainable and vibrant communities.

Healthier and more self-reliant communities benefit everyone. Dilico is one of the only organizations of its kind in Canada with a mandate to deliver services for the complete life journey of Anishinabek people. Our agency is a leader in incorporating traditional values and beliefs and working with our Robinson-Superior communities and the affiliated First Nations to make positive change through our knowledge and understanding of the distinctive ways Aboriginal people view health.

The independent agency review, "Moving Forward By Looking Back" by Cantrell and Associates Inc. is complete. The recommendations outlined in the report will form the framework for the agency's Strategic Plan with goals, objectives and targets for definable action steps to guide the future growth and successes of Dilico.

For the first time since Dilico's by-laws were established in 1986, amendments are being proposed for governance restructuring with the elected Chiefs becoming voting delegates and the establishment of an Elder's Council.

The Dilico Children's Foundation's commitment to improve the well-being of children, youth and families in Northwestern Ontario through designated educational, recreational and cultural initiatives is one way we're working with the broader community to give children the opportunities to fulfill their potential. Established in 2009 as a non-profit charitable organization the Foundation

is achieving greater presence in the communities and for its recipients.

There are many positive things we can achieve by working together to make improvements in the quality of life of the children, families and communities in our care. Our commitment to providing high standards of care is a responsibility and a privilege.

Miigwech,

Omer Belisle
President
Dilico Anishinabek Family Care

BOARD OF DIRECTORS

Dilico Anishinabek Family Care’s Board of Directors are responsible for setting the long-term vision for Dilico and providing guidance for operational efficiencies. All Directors are independent from management and represent the First Nations communities in Dilico’s service area. In addition to attending regular Board meetings, directors serve on the Finance committee.



Omer Belisle
President
Red Rock



Angie Michano
Vice-President
Ojibways of Pic River



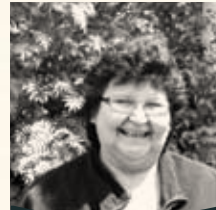
Dorothy Cheesequay
Secretary Treasurer
Animbiigoo Zaagi’igan Anishinaabek



Clifford Tibishkogijig
Director
Whitesand



Louise Esquega
Director
Bingwi Neyaashi Anishinaabek



Chief Celia Echum
Director
Ginoogaming



Raymond Goodchild
Director
Pays Plat



Myrtle Swanson
Director
Michipicoten



Marlow Wesley
Director
Long Lake #58



Valda Lesperance
Director
Biinjitiwaabik Zaaging Anishinaabek



Georjann Morriseau
Director
Fort William

ABSENT

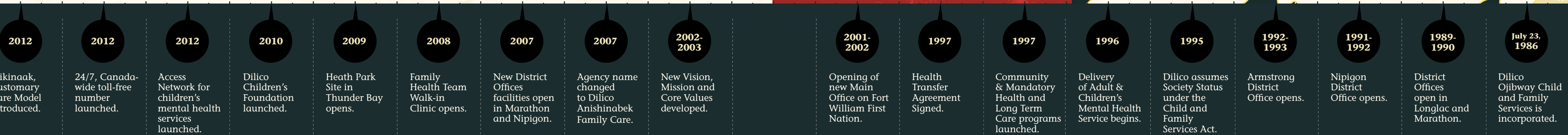
Gwendoline King
Director
Kiashke Zaaging Anishinaabek

Pamela Bananish
Director
Pic Mobert

SERVICE AREA



MILESTONES

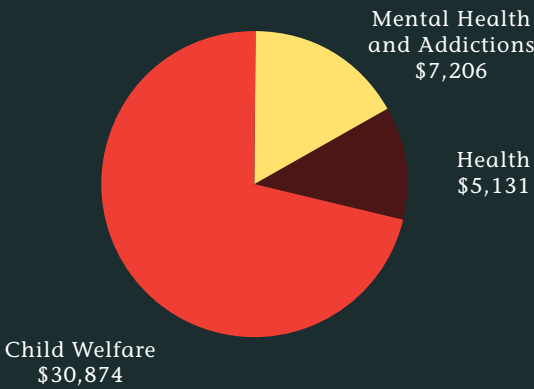


FINANCIAL HIGHLIGHTS

CONDENSED FINANCIAL INFORMATION

	TOTALS	
Year ended March 31, 2013	2013	2012
	(In Thousands of Dollars)	
Operations		
REVENUES		
Government of Ontario	38,079	33,871
Government of Canada	5,655	5,855
Other	3,055	1,551
	46,789	41,277
EXPENDITURE		
Child Welfare	30,874	28,253
Mental Health and Addictions	7,206	6,906
Health	5,131	4,896
	43,211	40,055
Accumulated Deficit from Operations	- 893	- 893

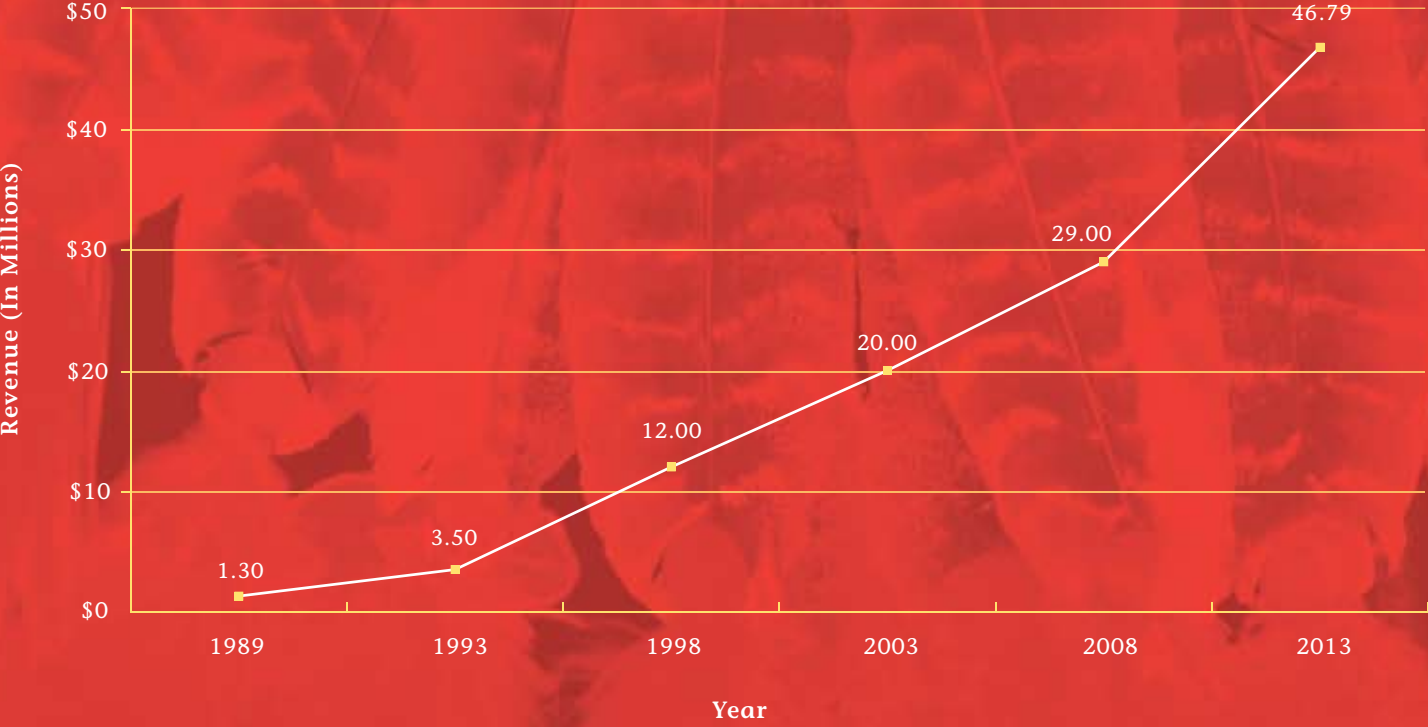
EXPENDITURE BY SERVICE – 2013 (IN THOUSANDS OF DOLLARS)



MANAGEMENT AND CONTROL

Finance is dedicated to providing leadership, technical support, information and advice in the development and administration of financial and information services including the preparation and management of capital and operating budgets as well as the long range plans to ensure the financial stability and viability of Dilico Anishinabek Family Care.

GROWTH IN FUNDING FROM 1989 – 2012



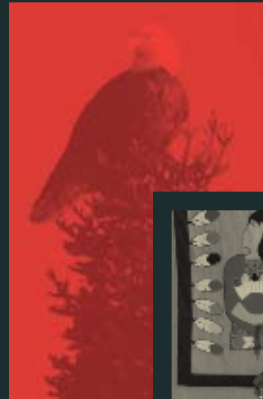
FULL AUDITED
FINANCIAL STATEMENTS
ARE AVAILABLE FROM
DILICO ANISHINABEK
FAMILY CARE

A YEAR AT DILICO

MARCH 2012 – MARCH 2013

MAY 2012

Cultural
Committee
Ceremony
and Feast



JULY 2012

Staff Coffee Hour



JULY 2012

Annual General
Meeting



AUGUST 2012

Education
Incentive Party
held for Dilico
Crown Wards



AUGUST 2012

Dilico's Family
Health Team hosts
open house at the
Walk-In Clinic

SEPTEMBER 2012

Dilico Children's
Foundation
Annual General
Meeting



OCTOBER 2012

Step Up for
Child Abuse
Prevention Month
acknowledged
at media event
with Dilico and
the Children's
Aid Society of
the District of
Thunder Bay

OCTOBER 2012

Thanksgiving
Feast at Adult
Residential
Treatment Centre



OCTOBER 2012

Fall Feast at
Main Office

NOVEMBER 2012

MOU signed
between Dilico
Anishinabek
Family Care and
Children's Aid
Society of the
District of
Thunder Bay



NOVEMBER 2012

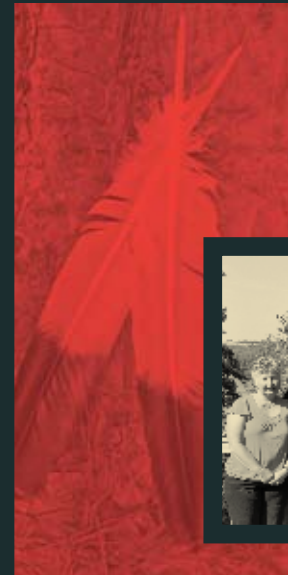
"True Gift of
Christmas Giving
Tree" program
launched with
Dilico Anishinabek
Family Care and
Children's Aid
Society of the
District of Thunder
Bay provided
Christmas gifts
for almost 1,000
children



NOVEMBER 2012

Health Canada
approves the
"Maamawe
Kenjigewin:
Creating a
Circle of Care,
Community
Mobilization and
Collaborative"
suicide prevention
initiative

DECEMBER 2012
Chiefs' Meeting



JANUARY 2013

Access Network,
single point of
access to children's
mental health
services launched
by the Children's
Centre Thunder
Bay, Dilico
Anishinabek
Family Care and
North of Superior
Counselling
Program

JANUARY 2013

New Dilico Toll-
free, 24/7 access
number launched.
Service is now
provided across
Canada

FEBRUARY 2013
Staff Coffee Hour



FEBRUARY 2013

Elder's Gathering
held to discuss
potential name
for Dilico's
service model

FEBRUARY 2013

Customary Care
Workshop with
First Nations
representatives
from 11
communities



MARCH 2013

"Revisiting our
Journey: Healing
Starts with Our
Youth" conference
for supporting
at-risk youth.
149 register

MARCH 2013

Dilico Children's
Foundation's
Raising Spirit
event raises
over \$56,000



MARCH 2013

Collaborative
Agreement signed
for Child Welfare
and Violence
Against Women
Agencies



THE SEVEN TEACHINGS

The traditional concepts that form the spiritual foundation of the Aboriginal way of life are built around the seven natural laws or sacred teachings. Each teaching honours one of the basic virtues essential to a full and healthy life.

LOVE

Unconditional love to know that when people are weak they need your love the most, that your love is given freely, and you cannot put conditions on it or your love is not true.

RESPECT

Respect others, their beliefs, and respect yourself. if you cannot show respect, you cannot expect respect to be given.

COURAGE

To be brave is to do something right, even if you know it's going to hurt you.

HONESTY

To achieve honesty within yourself, to recognize who and what you are , do this and you can be honest with all others.

WISDOM

To have wisdom is to know the difference between good and bad, and to know the result of your actions.

HUMILITY

Humble yourself and recognize that no matter how much you think you know, you know very little of all the universe.

TRUTH

To learn truth, to live with truth, and to walk with truth, to speak truth.

DID YOU KNOW?

Ontario has the largest Aboriginal population in Canada with almost 300,000 First Nations, Metis and Inuit people. More than one in five Aboriginal people in Canada live in the province.

There are an estimated 370-500 million Indigenous people worldwide. Indigenous people represent the greater part of the world's cultural diversity and have created and speak the major share of the world's almost 7,000 languages.

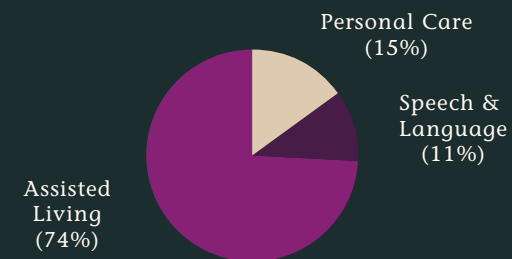
Ontario Government and The United Nations

HEALTH

Throughout the year, over **12,000** clients utilized Health Services' four areas of services. Opportunities to reinforce and learn positive health attitudes and behaviours are provided through information sessions, clinics, screenings, home visits and a variety of educational tools. Our partnerships with academic institutions support us as a teaching site and provide an integrated community experience.

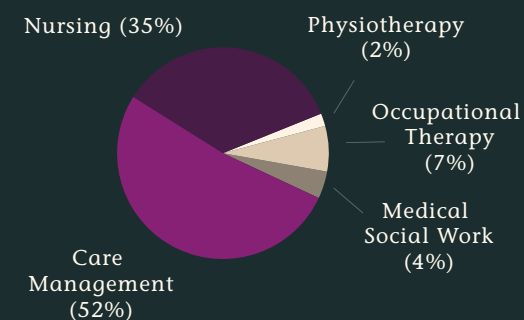
COMMUNITY AND PERSONAL SUPPORT SERVICES

Ongoing initiatives to help individuals to care for themselves in their homes and communities provide quality of life and good health. With the increase in foot care and chronic disease clients, education is a significant tool in helping clients learn the skills to effectively manage their symptoms.



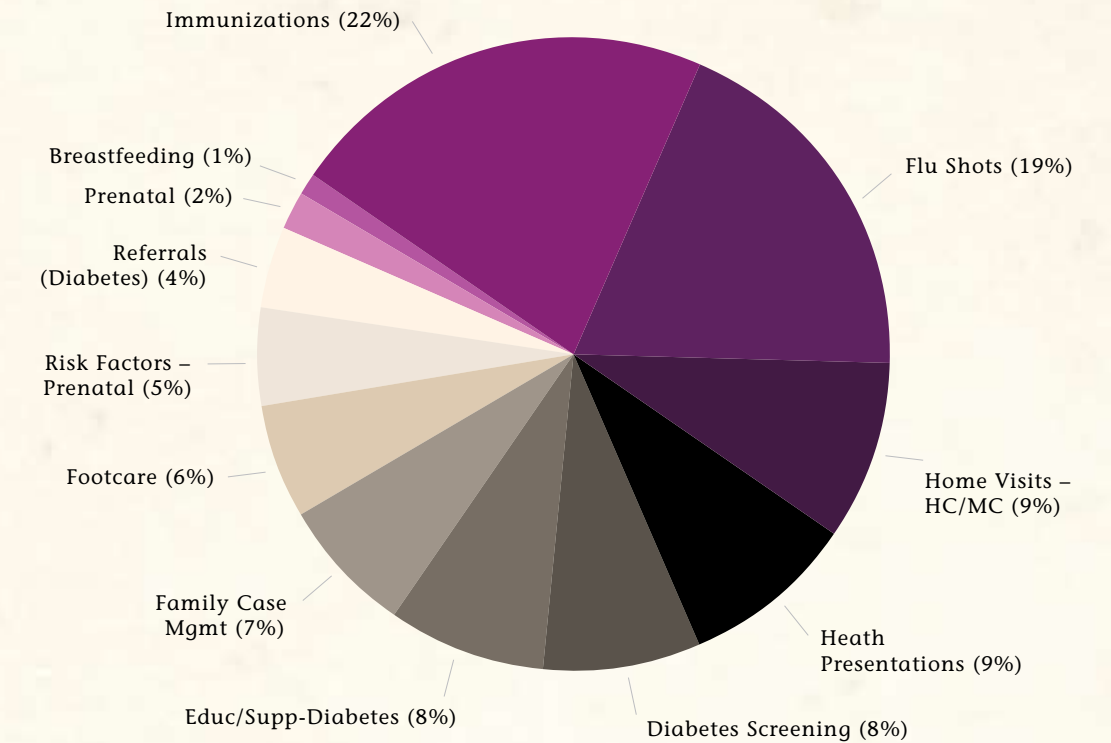
HOME AND COMMUNITY CARE PROGRAM

Five Care Managers now have Advanced Foot Care and Diabetes Foot Care certification, a critical component of diabetes education and awareness. During Nursing Coordination Week, Health Canada provided training so that all Home and Community Care Program staff and management are certified in Mental Health First Aid.



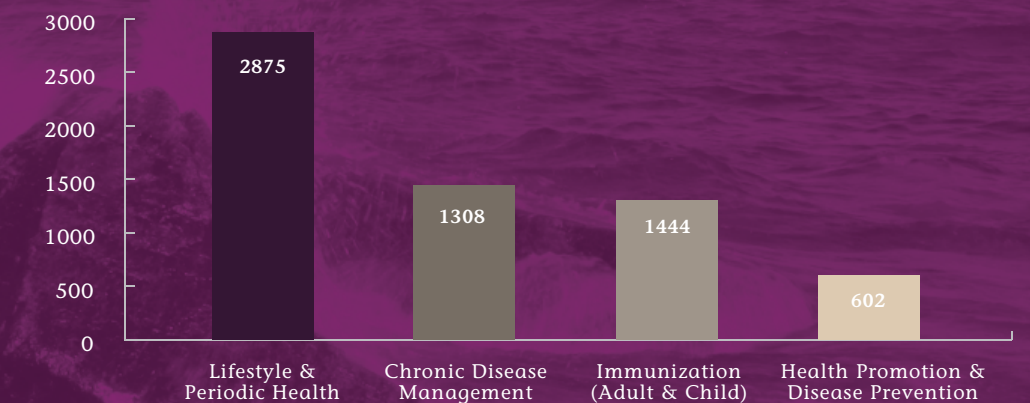
COMMUNITY HEALTH SERVICES

Providing a variety of relevant, quality health care services and programs in the communities improves health outcomes for our children and families. Over 3,000 clients were served. The Milk Voucher Incentive program was reinstated for mothers and newborns.



PRIMARY CARE - FAMILY HEALTH TEAM

The staff complement that provides multidimensional primary care services has increased. A Physician Office Initiative to help ensure timely follow up with patients after hospital discharge and specialist referrals is being developed. We worked with Counselling and Clinical Support Services in the development of the Walk-In Counselling Service at Heath Park. A new initiative to recruit new patients will be ongoing.



CHILD WELFARE

DILICO AND THE CHILDREN'S AID SOCIETY SIGN MOU

On November 13, 2012, a Memorandum of Understanding was signed documenting the commitment of Dilico Anishinabek Family Care and the Children's Aid Society of the District of Thunder Bay to reach the overarching goal of transferring jurisdiction over all Aboriginal children and families in the City and District of Thunder Bay from the CAS of the District of Thunder Bay to Dilico. This agreement is in keeping with the original spirit and intent of the Kitchi-Gaa-Ming Anishinabek Ogemaag Agreement which recognizes that the First Nations have "the authority and absolute jurisdiction over child welfare matters and the administration of resources from the Provincial and Federal Governments". The two organizations are working collaboratively to ensure that child welfare services are provided by Dilico to all Aboriginal families residing in the District of Thunder Bay.

THE CUSTOMARY CARE IMPLEMENTATION

The Customary Care Implementation was discussed with First Nations representatives from 11 communities on February 27 – 28, 2013. Participants considered how Dilico could increase partnerships with each First Nation, develop a common understanding of customary care in relation to delivering child welfare services and identify potential roles and responsibilities for those involved in planning for children and families.

MIKINAAK MODEL OF CUSTOMARY CARE

Mikinnak, a sacred Anishinabek teaching symbolizes an approach to life with a sense of purpose and represents Dilico Child Welfare Service's model of Customary Care. Within the framework of customary care, child welfare services are culturally based and First Nations, family, extended family and Elders are involved in ensuring the safety and well-being of a child.

REORGANIZATION OF STAFF

Child Welfare improved efficiencies and effectiveness by bringing Centralized Intake and Investigation under one Assistant Director and District Services Support with two Assistant Child Welfare Directors.



HIGHLIGHTS

1,592 Inquiries/Reports Received Not Investigated (7.8% increase*)

938 Completed Investigations on New Referrals (7.2% increase*)

426 Completed Investigations on Families Receiving Ongoing Protection Services (48.4% increase*)

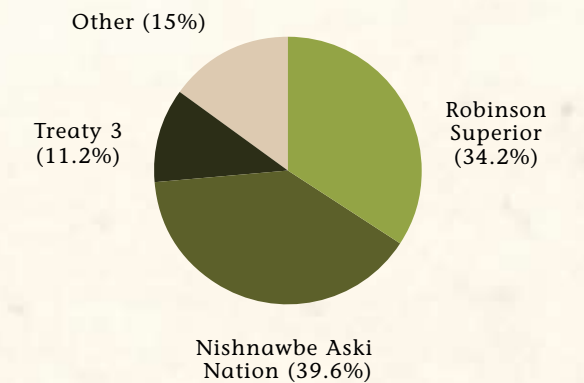
600 Families Receiving Ongoing Protection Services (32.5% increase*)

103 more children in Dilico's care under Customary Care than in 2011/12 fiscal year

(* Percentage increase over 2011-2011 Fiscal Year)

CHILDREN IN CARE BY TREATY AREA

(Representing 614 children on March 31, 2013)



MENTAL HEALTH AND ADDICTIONS

RETURN TO OUR TEACHINGS

Mental Health and Addictions' service model follows the teachings of the Medicine Wheel and includes more land-based education and activities. This holistic approach helps inspire and motivate people of all ages, especially young people to have a meaningful respect for the connection between First Nations culture and good health.

CULTURAL CENTRED PRACTICE

In December 2012, a full-time Cultural Services Manager began to address the need to strengthen cultural identity as part of the entire agency's responsive approach to assisting individuals. Activities include developing the multiple ways in which cultural, educational and historical knowledge can be shared.



SOLUTIONS THROUGH COMMUNITY ENGAGEMENT

The Community Wellness Development Team met with 12 First Nations to explore community-based strategies to address prescription drug abuse. This approach supports and engages community members and Dilico's staff in addressing problems and solutions together. Initiatives include reducing wait times for assessment and pre-treatment, enhancing specialty specific supervision, streamlining client referral communications, enhancing support for community based workers and improving training opportunities.

HELP FOR CHILDREN, YOUTH AND FAMILIES

A free Walk-In Counselling Service for children, youth and families was launched at Dilico's Heath Park Site. The service provides culturally supportive single session help so individuals can develop a clear plan of action to solve problems in a healthier way. Additional Walk-in Services will also be provided throughout Dilico's First Nations.

STRENGTHENING COMMUNITY BASED INITIATIVES

The Maamawe Kenjigewin Initiative builds on First Nation's strengths so communities and service providers can collaboratively address suicide prevention and provide improved access to culturally relevant services.

In response to community needs, the Ministry of Children and Youth Services provided funding for six new Mental Health and Addictions workers in Kiashke Zaaging Anishinaabek, Whitesand, Pic Mobert, Long Lake #58, Ginoogaming and Ojibways of Pic River First Nations.

REALIGNMENT OF ADULT SERVICES

To improve the continuum of care and to support healthy adult lifestyles, the Early Intervention and Aftercare programs have been integrated into the Adult Residential Treatment Centre's programs for alcoholism and drug dependency.

OUTREACH TO COMMUNITIES

Visits	Presentations
383	65
Training Sessions	Client Sessions
30	674

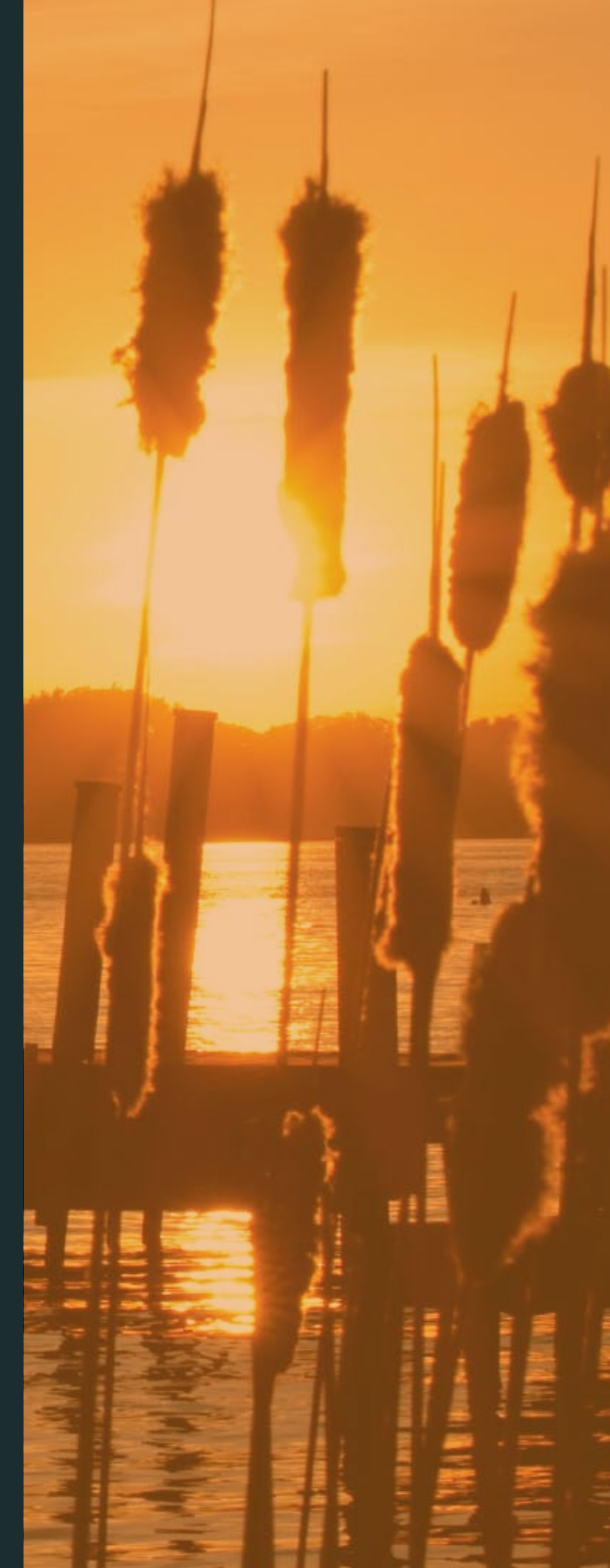
SERVICE ACCESS

Children's Services
976 CLIENTS

Adult Services
447 CLIENTS

Access Network Referrals
225 CLIENTS

Since launched in January 2013





Anishinabek Family Care

Please direct inquiries to:

Main Office

200 Anemki Place
Fort William First Nation, ON P7J 1L6

Toll-free: 1.855.623.8511

Phone: 807.623.8511

Information on Dilico Anishinabek Family Care is available at **dilico.com**.