

Anishinabek Culture: Feasts

Feasts are an important part of Anishinabek culture. Many First Nations hold feasts throughout the year, for many different reasons. Some feasts are held to honour the seasons, and some are held together with a naming ceremony—when an individual receives an Aboriginal name from an Elder. It is very common today for First Nation communities to feast throughout the

year because it gives individuals and families the opportunity to connect with each other.

At Dilico, we feast in the Spring and the Fall. By feasting, we are honouring our ancestors and all those who have done good work before us. We also give thanks to, and express our respect for all Dilico family members for their strength, hard work and guidance.

